

International Evidence-based Guideline for the assessment and management of polycystic ovary syndrome 2023

Guideline development groups

GDG 1: Topic area – Screening, diagnostic and risk assessment and life stage

GDG Role	Title	Name	Discipline	Organisation	Country
Chair	Professor	Joop Laven	Obstetrician-Gynaecologist; Reproductive Endocrinologist	Erasmus MC Rotterdam	Netherlands
Deputy Chair	Doctor	Anju Joham	Endocrinologist	Monash University	Australia
Member	Professor	Wiebke Arlt	Endocrinologist	University of Birmingham	UK
Member	Professor	Ricardo Azziz	Reproductive Endocrinologist	University of Alabama at Birmingham	USA
Member	Ms	Lorna Berry	Consumer Representative	Polycystic Ovary Syndrome Association Australia	Australia
Member	Doctor	Carolyn Ee	General Practitioner	Western Sydney University	Australia
Member	Assoc./Professor	Marla Lujan	Reproductive Sciences; Nutrition	Cornell University	USA
Member	Doctor	Chau (Jillian) Tay	Endocrinologist	Monash University	Australia

GDG Role	Title	Name	Discipline	Organisation	Country
Member	Professor	Ronald Ma	Endocrinologist	Chinese University of Hong Kong	Hong Kong/ China
Member	Doctor	Malika Patel	Obstetrician-Gynaecologist; Reproductive Medicine	University of Cape Town; Groote Schuur Hospital	South Africa
Member	Assoc Prof	Alexia Pena	Paediatric Endocrinologist	The Robinson Institute at the University of Adelaide	Australia
Member	Professor	Sharon Oberfield	Paediatric Endocrinologist	Columbia University Medical Center	USA
Member	Professor	Duru Shah	Obstetrician-Gynaecologist; Fertility Specialist	The PCOS Society of India; Gynaecworld: The Centre for Women's Health and Fertility	India
Member	Professor	Fahimeh Ramezani Tehrani	Obstetrician-Gynaecologist; Reproductive Endocrinologist	Shahid Beheshti University of Medical Sciences, Tehran	Iran
Co-opted	Assoc Professor	Darren Mansfield	Sleep Expert	Epworth Health Monash University	Australia

GDG 2: Topic area – Prevalence, screening and management of psychological issues and models of care

GDG Role	Title	Name	Discipline	Organisation	Country
Chair	Professor	Anuja Dokras	Reproductive Endocrinologist and infertility	University of Pennsylvania	USA
Deputy Chair	Professor	Jacky Boivin	Psychologist	Cardiff University	UK
Member	Associate Professor	Leah Brennan	Psychologist	La Trobe University	Australia
Member	Associate Professor	Tania Burgert	Paediatric Endocrinologist	University Missouri – Kansas School of Medicine	USA
Member	Mrs	Maureen Busby	Consumer Representative	PCOS Vitality	Ireland
Member	Doctor	Rhonda Garad	Registered Nurse	Monash University	Australia
Member	Doctor	Melanie Gibson	Women's Public Health Researcher	Te Tātai Hauora o Hine --National Centre for Women's Health Research Aotearoa, Victoria University of Wellington; Monash University	New Zealand Australia
Member	Doctor	Chau (Jillian) Tay	Endocrinologist	Monash Health	Australia
Member	Doctor	Mala Thondan	General Practitioner	Harp Family Medical	Australia
Member	Professor	Elisabet Stener-Victorin	Researcher in Reproductive Endocrinology and Metabolism	Karolinska Institutet	Sweden

GDG 3: Topic area - Lifestyle

GDG Role	Title	Name	Discipline	Organisation	Country
Chair	Associate Professor	Lisa Moran	Dietitian, Research Fellow	Monash University	Australia
Deputy Chair	Professor	Leanne Redman	Obesity; Lifestyle Interventions	Pennington Biomedical Research Centre	USA
Member	Ms	Lorna Berry	Consumer Representative	Polycystic Ovary Syndrome Australia	Australia
Member	Associate Professor	Leah Brennan	Psychologist	La Trobe University	Australia
Member	Doctor	Cheryce Harrison	Exercise Physiologist; Health Coach	Monash University	Australia
Member	Professor	Kathleen Hoeger	Reproductive Endocrinologist	University of Rochester	USA
Member	Professor	Angelica Lindén Hirschberg	Obstetrician-Gynaecologist	Karolinska Institutet and Karolinska University Hospital	Sweden
Member	Doctor	Kate Marsh	Dietitian; Diabetes Educator	Private Practice	Australia
Member	Doctor	Mala Thondan	General Practitioner	Harp Family Medical	Australia
Member	Professor	Chandrika Wijeyaratne	Endocrinologist	University of Colombo	Sri Lanka

GDG 4: Topic area – Management of non-fertility

GDG Role	Title	Name	Discipline	Organisation	Country
Chair	Professor	Terhi Piltonen	Obstetrician-Gynaecologist; Reproductive Endocrinologist	Oulu University Hospital, University of Oulu	Finland
Deputy Chair	Assoc Professor	Jacqueline Boyle	Obstetrician-Gynaecologist	Monash University	Australia
Member	Doctor	Carolyn Ee	General Practitioner	Western Sydney University	Australia
Member	Professor	Rong Li	Obstetrician-Gynaecologist	Reproductive Medical Centre, Peking University Third Hospital	China
Member	Ms	Rachel Morman	Chair of Verity/Patient Representative	Verity – PCOS Charity	UK
Member	Assoc Prof	Alexia Pena	Paediatric Endocrinologist	The Robinson Institute at the University of Adelaide	Australia
Member	Doctor	Daniela Romauldi	Obstetrician-Gynaecologist	Fondazione Policlinico Universitario Agostino Gemelli IRCCS, Rome	Italy
Member	Professor	Poli Mara Spritzer	Endocrinologist	Universidade Federal do Rio Grande do Sul	Brazil
Member	Professor	Eszter Vanky	Obstetrician-Gynaecologist	Dept. of Clinical and Molecular Medicine, Norwegian University of Science and Technology; Dept. Obstetrics/Gynaecology, St.Olavs Hospital, University Hosp Trondheim	Norway
Member	Professor	Selma Witchel	Paediatric Endocrinologist	Children's Hospital of Pittsburgh of UPMC, University of Pittsburgh	USA
Member	Doctor	Aya Mousa	Academic epidemiology	Monash University	Australia
Member	Professor	Bulent Yildiz	Endocrinologist	Hacettepe University Turkey	Turkey
Co-opted Member	Professor	Wendy Brown	Bariatric/metabolic Surgeon	Department of Surgery, Central Clinical School, Monash University; Alfred Health	Australia

GDG 5: Topic area – Screening, diagnostic assessment and management of infertility

GDG Role	Title	Name	Discipline	Organisation	Country
Chair	Doctor	Michael Costello	Obstetrician-Gynaecologist; Reproductive Endocrinologist	University of NSW	Australia
Deputy Chair	Professor	Robert Norman	Obstetrician-Gynaecologist; Reproductive Endocrinologist; Chemical pathologist	University of Adelaide	Australia
Member	Professor	Adam Balen	Reproductive Medicine	Leeds Teaching Hospitals; British Fertility Society	UK
Member	Doctor	Lisa Bedson	General Practitioner; Fertility Clinician	Repromed	Australia
Member	Professor	Roger Hart	Obstetrician-Gynaecologist; Reproductive Endocrinologist	The University of Western Australia; City Fertility Clinics Australia	Australia
Member	Doctor	Tuong Ho	Fertility Specialist	HOPE Research Centre, My Duc Hospital	Vietnam
Member	Doctor	Kim Hopkins	Member, PCOS Challenge Patient Advisory Board	PCOS Challenge: The National Polycystic Ovary Syndrome Association	USA
Member	Ms	Cailin Jordan	Psychologist	Genea Hollywood Fertility	Australia
Member	Professor	Richard Legro	Obstetrician-Gynaecologist; Reproductive Endocrinologist	Penn State Clinical and Translational Institute	USA
Member	Doctor	Edgar Mocanu	Obstetrician-Gynaecologist	Rotunda Hospital	Ireland
Member	Professor	Luk Rombauts	Obstetrician-Gynaecologist; Infertility Specialist	Monash University	Australia
Member	Professor	Shakila Thangaratinam	Obstetrician-Gynaecologist; Clinical Academic	University of Birmingham, NIHR Biomedical Research Centre, Birmingham	UK
Member	Professor	Dongzi Yang	Obstetrician-Gynaecologist; Reproductive Endocrinologist	Reproductive Medical Centre, Sun Yat-Sen Memorial Hospital, Sun Yat-Sen University	China



Paediatric expert panel

Role	Title	Name	Discipline	Organisation	Country
Member	Professor	Helena Teede	Endocrinologist	Monash Centre for Health Research and Implementation	Australia
Member	Professor	Kathleen Hoeger	Reproductive Endocrinologist	University of Rochester	USA
Member	Professor	Sharon Oberfield	Paediatric Endocrinologist	Columbia University Medical Center	USA
Member	Professor	Selma Witchel	Paediatric Endocrinologist	Children's Hospital of Pittsburgh of UPMC, University of Pittsburgh	USA
Member	Doctor	Alexia Peña	Paediatric Endocrinologist	The Robinson Research Institute at the University of Adelaide	Australia



Consumer/patient expert team

Role	Title	Name	Discipline	Organisation	Country
Member	Professor	Helena Teede	Endocrinologist	Monash Centre for Health Research and Implementation	Australia
Member	Doctor	Kim Hopkins	Consumer	PCOS Challenge	USA
Member	Ms	Rachel Mormon	Consumer	Verity	UK
Member	Ms	Maureen Busby	Consumer	Daisy PCOS	Ireland
Member	Ms	Lorna Berry	Consumer	POSSA	USA