

Why a New Name is Needed

Research over the last 15 years has shown that the term polycystic ovary syndrome (PCOS) is inaccurate, misleading, is harmful and that a change was both needed and supported by patients and health professionals.

This underpinned the recent globally endorsed change to PMOS - Polyendocrine Metabolic Ovarian Syndrome.



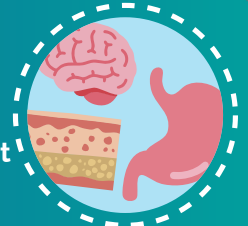
Scientifically inaccurate

There is **NO** increase in abnormal cysts on the ovary in this condition, only partly developed eggs that can look like cysts.



Misleading and narrow

The condition affects many different parts of the body — hormones, metabolism, mental health, skin, and reproductive system, **but PCOS only referred to the ovary and left out other features.**



The name PCOS caused harm

Because the name was misleading and narrow, many women have either missed or delayed being diagnosed and waited too long for the care they needed.



The name PCOS limited research

The name PCOS doesn't clearly describe what the condition actually is, so it made it harder for researchers to get funding. The new name will help policy makers and governments to understand why funding is needed.



Global consensus for change

Government agencies, international experts, health professionals and most importantly, patient groups have long called for a new name.

The largest global engagement and consultation of patients, health professionals and their organisations, delivered a mandate for a name change. A robust process then generated the new name.



We need a name that works for the future.

The new name **Polyendocrine Metabolic Ovarian Syndrome** and linked global awareness program will help women get diagnosed faster, improve care and health outcomes, research, and understanding of this common condition.



Need to learn more information about PMOS?

The AskPCOS App is transitioning to The Ask PMOS App and provides comprehensive, high quality information and support tools that are based on the latest evidence.

www.askpcos.org/www.askpmos.org

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