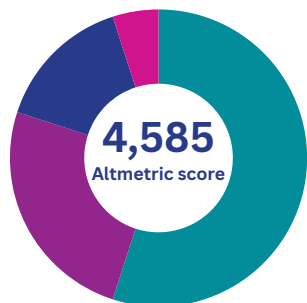


September 2026 report

The Global PMOS Initiative that changed women's health

Polycystic Ovary Syndrome (PCOS) renamed Polyendocrine Metabolic Ovarian Syndrome (PMOS)



Top 0.003% of 34M recent research outputs & #1 of 2026 Lancet publications (Altmetrics)

The Lancet paper (May 2026) recorded an Altmetric Score of 4,585 (Sept 2026) — among the highest ever recorded for a health policy publication, and placing it in the top 0.003% of more than 34M million recent publication outputs Altmetric has tracked.

The score reflects extraordinary reach across international news media, social media, policy documents, and public discussion of a research output that began in academia and reached patients, clinicians and policymakers worldwide. The sentiment analysis shows **only 1% of negative mentions**.

Sentiment analysis for Bluesky & X



56

Partner organisations

14

Years of global collaboration

22K+

Survey responses

200M+

Women affected globally

20+

Languages

REACH & ENGAGEMENT

- **2 Billion** people reached across international news media (Monash University Report, July 2026)
- **75+ Million** social media posts generated worldwide, predominantly factual or positive in tone
- **30K+** views of the MCHRI PMOS Resources Library — multilingual (20+ languages) videos, animations and toolkits — in the first 6 weeks.
- **155K** users of Ask PMOS App
- Presented at the **European Congress of Endocrinology**, Prague, May 2026

POLICY & RESEARCH TRANSLATION

- Formal **WHO ICD-11 reclassification** proposal submitted June 2026, targeting the WHO Annual Meeting, October 2026.
- Adopted into the **International Evidence-Based Guideline**, used in 195 countries, with full terminology update in 2028.
- Companion publications in **Nature Medicine** and **BMJ**; manuscripts invited by **NEJM** and **JAMA**
- **Pharmaceutical update** underway
- **Global curriculum update** underway across 400 universities worldwide



Teede HJ, Bahri Khomami M, Morman R, et al. Polyendocrine metabolic ovarian syndrome, the new name for polycystic ovary syndrome: a multistep global consensus process. *The Lancet* 2026; **407**: 2329–39. doi:10.1016/S0140-6736(26)00717-8 — Open Access, published 12 May 2026.

CO-LEADING ORGANISATIONS



MONASH University



FURTHER EVIDENCE

- [PMOS Resources Library](#) — MCHRI consumer website
- [Terminology Update Summary](#) — MCHRI, May 2026
- WHO ICD-11 Proposal — submitted 18 June 2026